WILLOW BRANCH

THE NORTH STAR

Theme of the month: Emotional Intelligence/Executive Functioning Skills

<u>Upcoming</u> <u>Events</u>

Mother's Day Event -May 13th

Site Birthday Party & Last Day of School-May 22nd

<u>Twinkling</u> <u>Resources</u>

Beakthrough Atlanta offers tuition, free summer programming for middle school and high school students

QUESTIONS?

Email or call Brynn Rone at brone@breakthroughatl anta.org or 470-852-8901 ext. 105

<u>After School Recap</u>

April was a month of rejuvenation and celebration at our after-school program, as we explored the theme of stress management and coping skills. Through a series of engaging crafts and activities, we explored various techniques to navigate stress and promote well-being among our students. Our craft sessions were a highlight, offering a creative outlet for our students to express themselves while learning valuable coping skills. From yarn brains to yoga, each project was designed to provide practical tools for managing stress in their everyday lives. The joy and concentration on their faces as they crafted their stress relief tools were truly heartwarming.

In addition to our stress management focus, April brought about two significant events that brought our community together in celebration. The first was our much-anticipated Spring Fling event, which was a resounding success. Students, parents, and staff alike enjoyed an afternoon filled with games, music, and delicious treats. Laughter filled the air as friendships were strengthened and memories were made. But the festivities didn't stop there. We also celebrated our site's birthday with a special party that brought a sense of pride and camaraderie to our community. Reflecting on the journey we've taken together, we reminisced about the milestones we've achieved and the challenges we've overcome. It was a time of gratitude and appreciation for everyone who has contributed to making our afterschool program a thriving hub of learning and support.



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