



Monthly Newsletter

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“One benefit of Summer was that each day we had more light to read by.”
— Jeannette Walls, The Glass Castle

Mental Health Month

Mental Health Awareness Month (also referred to as Mental Health Month) has been observed in May in the United States since 1949. The month is observed with media, local events, and film screenings.

Mental Health Awareness Month began in the United States in 1949 and was started by Mental Health America (MHA) (then known as the National Association for Mental Health). Each year in mid-March Mental Health America releases a toolkit of materials to guide preparation for outreach activities during Mental Health Awareness Month. During the month of May, MHA, its affiliates, and other organizations interested in mental health conduct a number of activities which are based on a different theme each year.



Upcoming Events

End of the Year Awards Ceremony/Party ***Thursday, May 23, 2024***

As we wrap another successful year of academic enrichment, family support and mentorship we are excited about highlighting the achievements of our students. Our fifth graders are aging out of our program and we desire to recognize and provide encouraging words and positive affirmations for their future.



Mothers' Day ***Sunday, May 12, 2024***

Mother's Day is an annual holiday celebrated in the United States on the second Sunday in May. Mother's Day recognizes mothers, motherhood and maternal bonds in general, as well as their positive contributions to their families and society. It was established by Anna Jarvis, with the first official Mother's Day celebrated through a service of worship at St. Andrew's Methodist Church in Grafton, West Virginia, on May 10, 1908. Popular observances include holiday card and gift giving, churchgoing often accompanied by the distribution of carnations, and family dinners.[1] In the United States, Mother's Day complements similar celebrations honoring family members, such as Father's Day, Siblings Day and Grandparents Day.

Internationally, many Mother's Day celebrations have different origins and traditions, some also influenced by this more recent American tradition. For the international celebration, see Mother's Day.

